

Simplicity

Morya Wisdom 2

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Foreword

To be honest, simplicity has become a rather challenging matter for most of us. In this second book, Master Morya gently explains with his typical softness how to understand and rediscover the enormous power of simplicity and how to bring joy, depth and inner peace in your life.

Simplicity brings the opposites together and looks what lies behind the contradictions of the outer world. It goes right to the essence of things and manifests the power of the soul, the power of true love.

From the heart,

Marie

(daughter of Geert Crevits

and publisher of Master Morya's books)

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1 - Asking questions in a changing world

Answers come by themselves

Each question you ask yourself should be asked in all honesty. Try to make sure you live in a way that enables you to deal with each question, to dare to live with each question, to look at yourself from all perspectives and then to try to do something with what you find.

Ask a question honestly to yourself, think about this question and also about the answer. Because questions can be asked and answers often come by themselves, but you must reflect on the answer and this is usually what doesn't happen.

A person will ask a question and receives the answer but then finds the answer to be so ordinary he doesn't pay it

any attention. When you ask a question it's important to pay attention to the answer because often there will be something in this answer you don't see and which could be of great asset to you.

Life is such that it bears many answers in itself and that answers will always be provided.

The real question comes almost unexpectedly

The question is whether you are able of asking the right question. The right question is perhaps much more important than the answer. Take a moment here to think about what questions you could ask of life.



Life is exciting, it's like a river always flowing from here to there and carrying many things in its powerful flow. It brings many things and also carries off many things, takes them away. This great stream of things that comes and goes bears within itself something you could call answers for the one who lives and watches and dares to ask questions.

Questions should come to you in a flash, they shouldn't be given a great deal of thought. The real question comes

to you at a moment when you are busy with something, almost unexpectedly.

Kinds of questions

The wrong kinds of questions are those to which you actually already know the answer. “I’ll ask this but actually I know the answer,” is a wrong question and it keeps a person busy because he loses himself in details. He sees certain minor details in his life and consequently he loses sight of the major factors.

A real question is: asking for help. A real question makes things open in you, it creates space within yourself. This is then a real question and it makes it possible for a real answer to come to you. A false question is when you close yourself, when you already know the answer and ask the question anyway, just so you can get the answer from someone else. This is not a correct question. A real question is opening yourself and then waiting for the answer. It can be about anything, but it opens you to such an extent that it enables you to live. A real question opens you for life and for so many things that then become possible in your own life.

A closed question, as you could call it, turns you away from life, it’s when you want to get a grip on life by asking something in such a way so as to avoid experiencing it

yourself and, instead, letting someone else do it for you. I won't do this, I will never respond to a closed question from someone who wants Me to do something in his or her place.

It's not the intention that I or someone else should arrange your life for you. This is possible to do by asking questions. You can ask questions in such a manner that the other will organise your life or that you try to make him organise it for you, but this is not the purpose. A real question gives you openness and courage to live more and live better.

Don't content yourself with always asking the same question

“How can I do this?” “What am I doing?” These are often the most interesting questions, ones that address the person in his totality. These questions open the person for the totality in which he lives. This totality must then repeatedly be turned around, looked at from different perspectives.

Don't stop with asking only one question but ask other questions too. Dare to ask questions and to look at one particular thing from many different viewpoints. Turn it around, try asking it in another way or formulating it differently, don't be content with always asking the same question about that same thing. This is a work that calls

for reflection. The question itself should come to you in a flash, it should come from an intuition, from a deeper understanding of life. These are the most interesting questions and the ones that will take you furthest in life. Because the question born from intuition reaches out towards dimensions in your existence that lie much further than the ordinary everyday reality.

It goes much further because it approaches life itself, thereby trying to bring a greater depth to life. This greater depth in life is something which should be born and born again. It is not something you acquire once and then never lose again. It is a gradual deepening and a building of something never really finished, something always evolving further in life, or even over lifetimes.

Finding the right answer

Indeed, some questions are carried over from one life to another. A question may be so very profound that it can't be answered clearly in one lifetime. This is why you may have had questions from a very early age, essential questions with which, if you would be honest with yourself, you are perhaps not yet finished. So there are questions you carry with you for a long time, bobbing on the stream of life and knowing to where this life is bound. Because in the question already lies the answer, but often one isn't able to see this.

Because the answer already lies in the question ...

It's important to ask the right question in order to receive the right answer. Many questions may come up that are not the right questions, and this is why we aren't able to receive the right answer. You should be able to look at your question, dare to live with it and then substitute this question with another, better question.

Look in all directions, look at everything, the one as well as the other. Don't be frightened of shifting things in your life, saying, "Look, I started with this but now I'm going to let it go and take hold of another aspect of what has come to my attention." Seeing these things in your life as merely other aspects, other points of view, will make you become aware of so many other viewpoints in life you could look at.

Asking questions, how does it work?

Each thought brings you new ideas, for there is a kind of interplay between thoughts and ideas. Thinking – thoughts – is something you allow to come to you and give a place in your own mental body. Ideas come from further afield, they are connected to greater powers which are also conscious and bring another energy. There is an interaction between thoughts and ideas. Ideas come from above, from the greater mentality, the universal mind,

and are passed on to you. Thus, it can be that from the vacuum formed by posing a question – because this creates a sort of air bubble in your mind, a kind of circle of not knowing – an idea will come to you, an openness can be brought to life that will bring an answer.

Answers: an automatic mechanism under the supervision of your soul

This birthing process of ideas that come to your question, to consequently give you the answer, is something you initiate yourself. It comes from and is guided by a deeper knowledge.

The soul accepts only those things you need for your growth of consciousness in your life at that moment; things linked to the other elements of your mind, of your understanding. There is a constant activity of knowing, of knowing more and evolving in that knowledge, and this is always regulated in a conscious-unconscious yet clear manner for the person himself. This involves an entire mechanism under the supervision of the soul – call it the universal consciousness – whose function in you is to filter from the world of ideas precisely what can come to you and what is meaningful in regard to the whole of your thought pattern. Therefore, there is much you can do to stimulate the development of your thoughts and, on the other hand, by asking questions, you should have the



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